

DIPLOMA IN COUNSELLING

NAME OF QUALIFICATION

A “**Diploma in Counselling (Level 6)**” can be gained on successful completion of the programme.

PROGRAMME RATIONALE

The purpose of this programme is to prepare counsellors and people helpers who facilitate, and are committed to the facilitation, of life transformation and growth through connecting and journeying with self, God and others therapeutically, intentionally, reflectively and ethically. This programme is inspired by biblical principles (**laumālie** component), various therapeutic ideas (**‘atamai** component), attitudes and character traits (**loto** component) and strategies (**sino** component).

QUALIFICATION CHARACTERISTICS

The programme holds a total of 240 credit points. It consists of **three** years and it is designed for **part-time students only**. The entry requirements for applicants are a PASS in PSSC (Form 6) and a two year (AT LEAST) working experience in counselling related fields.

In **Year 1**, students develop their ability to therapeutically, intentionally, reflectively and ethically connect with self, God and others and learn the ideas, purposes, attitudes and phases of a counselling journey with clients.

The students, in **Year 2**, learn a range of therapeutic ideas, attitudes and character traits and strategies for ethical, intentional and reflective journeying with clients. They begin to analyse and evaluate a counselling map/approach that is appropriate in working with the Tongan people and the Tongan culture. With a strong emphasis on practicum students articulate and demonstrate their understanding and skills of counselling practice.

In **Year 3**, students broaden their understanding of a range of therapeutic ideas, attitudes and character traits and strategies for ethical, intentional and reflective journeying with clients. They integrate therapeutic ideas and expand their understanding of a counselling map/approach that is suitable in working with the Tongan people and the Tongan culture. With a stronger emphasis on practicum students develop appropriate professional attitudes and skills in working place and effectively demonstrate their understanding and skills of counselling practice.

PROGRAMME STRUCTURE

The qualification consists of eighteen compulsory units. Six units are worth 20 credit points each and twelve units are worth 10 credit points each.

There are three units per semester. However, only two units run at once during a semester. To further explain this, the 20 credit points units are delivered across a whole semester of 14 lecture weeks and the 10 credit points units are delivered in half-a-semester of ten lecture weeks only. This means that, for each unit, students should spend twelve notional

learning hours per week. Therefore, they should spend 24 hours of their time, each week, in learning.

Please refer to the following diagram for further details:

YEAR 1	SEMESTER 1 (18 weeks)		SEMESTER BREAK	SEMESTER 2 (18 weeks)		40
	TPC 51101: Personal Inquiry and Professional Integration 1 (level 5 – 20 credit points/200 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>			TPC 51204: Personal Inquiry and Professional Integration 2 (level 5 – 20 credit points/200 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>		
	EPS 41102: Preparation for Academic Purposes (level 5 – 10 credit points/100 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>	CPS 51103: Foundations of Christian Faith (level 5 – 10 credit points/ 100 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>		CPS 51205: Theorists & Theories of Human Development (level 5 – 10 credit points/100 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>	CPS 51206: Stages of Human Development (level 5 – 10 credit points/100 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>	
						80
YEAR 2	SEMESTER 1 (18 weeks)		SEMESTER BREAK	SEMESTER 2 (18 weeks)		40
	TPC 52107: Kaungā Fe’ao 1A (with Practicum 1A) (level 5 – 20 credit points/200 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>			TPC 52210: Kaungā Fe’ao 1B (with Practicum 1B) (level 5 – 20 credit points/200 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>		
	CPS 52108: Tonga Social Context (incl. Tongan Studies) (level 5 – 10 credit points/100 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>	TPC 62109: Common Issues 1 (level 6 – 10 credit points/100 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>		TPC 62211: Common Issues 2 (level 6 – 10 credit points/100 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>	CPS 62212: Ako `o e Kāinga [Family Studies] (level 6 – 10 credit points/100 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>	
						80
YEAR 3	SEMESTER 1 (18 weeks)		SEMESTER BREAK	SEMESTER 2 (18 weeks)		40
	TPC 63113: Kaungā Fe’ao 2A (with Practicum 2A) (level 6 – 20 credit points/200 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>			TPC 63216: Kaungā Fe’ao 2B (with Practicum 2B) (level 6 – 20 credit points/200 notional learning hours) <i>(this unit requires 12 notional learning hrs./week)</i>		

	<p>TPC 63114: Fakaivia 'o e Kāinga [Family Strengthening] (level 6 – 10 credit points/100 notional learning hours)</p> <p>(this unit requires 12 notional learning hrs./week)</p>	<p>TPC 63115: Working with Young People (level 6 – 10 credit points/100 notional learning hours)</p> <p>(this unit requires 12 notional learning hrs./week)</p>		<p>TPC 63217: Working with Group (Level 6 – 10 credit points/100 notional learning hours)</p> <p>(this unit requires 12 notional learning hrs./week)</p>	<p>TPC 63218: Working with Practice Issues (Level 6 – 10 credit points/100 notional learning hours)</p> <p>(this unit requires 12 notional learning hrs./week)</p>	<p>40</p> <p>80</p> <p>240</p>
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